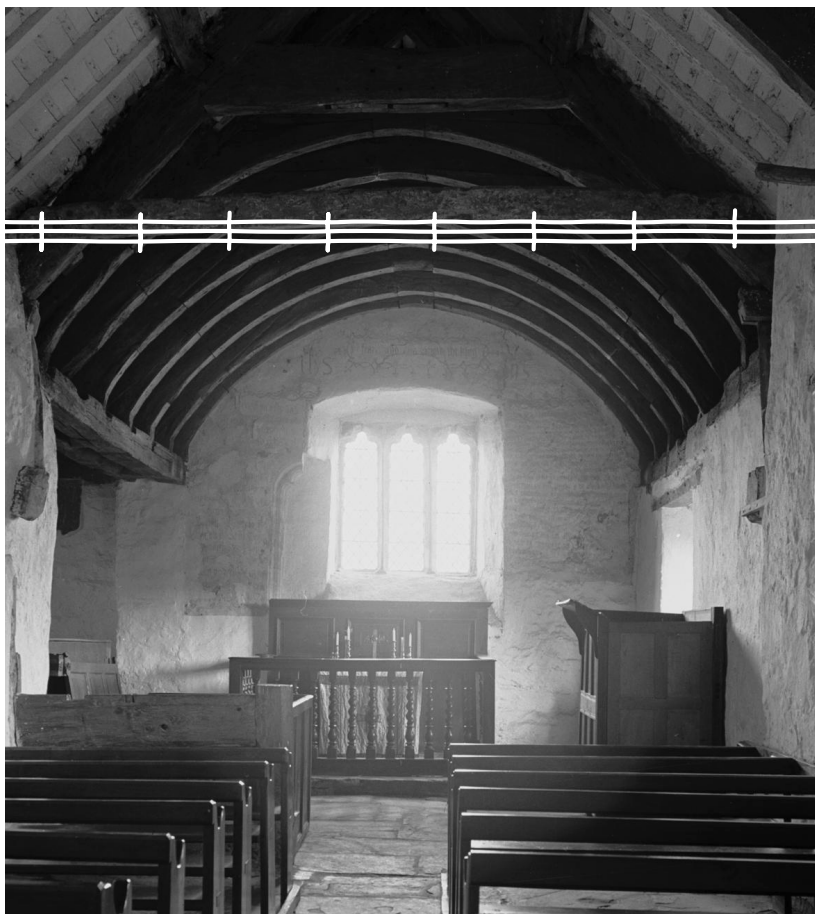


“Bear fruit with patient endurance”

Holy Eucharist



Choral Holy Eucharist

The Second Sunday before Lent

Sexagesima

20 February 2022 at 11am

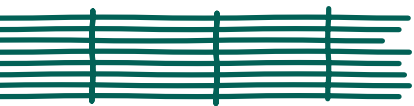


Cadeirlan
Deiniol Sant
ym Mangor

Saint Deiniol's
Cathedral
in Bangor



Welcome to Saint Deiniol's Cathedral in Bangor.



You stand now where
Deiniol stood almost a
millennium and a half ago.

Here, in the year 525, he
gathered around him a
community of faith, hope
and love, and raised
around it a hazel fence –
the original **bangor** – for
shelter and sanctuary.

Our prayer is that you,
too, will be embraced
here by the same faith,
hope and love that we
proclaim and live by
today.

At this Eucharist...

At this Eucharist we will meet Christ, born at Bethlehem, in bread and wine, which become for us his Body and his Blood.

1 As we gather, we will prepare ourselves to meet Christ by confessing our sins – the ways in which we have grieved God in our lives – and receive absolution, the knowledge of God's forgiveness.

2 We then listen to readings from the Bible, where we find guidance, challenge, comfort and good news from God: words of hope and promise this Christmas. We respond by proclaiming our faith in the Holy Trinity and offering to God our prayer for all in need.

3 At the heart of our worship today, we will take bread and wine, we will ask for God's transfiguring blessing upon them, we break the bread, and – as the broken, mended Body of Christ that we ourselves are – we will make our Communion.

4 Our worship ends with the assurance of God's blessing, sustaining us as we depart.

No matter how long ago you last did so, you are welcome to make your Communion with us here today. If you would like to make your Communion for the first time, or to be Baptised, please speak to a member of the Cathedral team.

Faith, hope and love are here offered for everybody.

Worshipping with us today

This booklet contains everything said and sung during our worship today. You are invited to take the booklet away with you, to reflect in your own time on the holy words it contains. However, worship is not primarily something that we read or observe – it is an activity, in which we all participate, alongside those who are gathered with us and, we believe, alongside the whole company of heaven. Be sure, therefore, to look up; to notice colour, light, sound, movement and beauty; to raise up your voice; to take your full part; to be formed and transformed.

During our worship, we say and sing together the text **in bold type**. Translations into English are provided from Welsh and other languages. We may make a sign of the Cross at times when the words are marked with ✠. Other directions (rubrics) are offered **in red type**; if you find it more comfortable to sit rather than stand or kneel, please do so.

From the Lectern

Each week, a “From the Lectern” email is sent to subscribers with weekly notices and images from the life of the Cathedral and Ministry Area. Subscribers also receive updates about special events and activities. If you’re not already a subscriber, follow the QR code below to the “From the Lectern” web page, and subscribe at the bottom of the page, or visit cadeirlan.churchinwales.org.uk/Darllenfa/



Children and young families

Activities and crafts take place during the Choral Holy Eucharist every Sunday in the Lady Chapel, for any children up to the age of 11. The crafts and activities are varied, with at least one relating to the theme of the Eucharist itself. This space will be staffed by responsible adults, and children over the age of 5 will be able to come and go freely. Children will remain the responsibility of their parents or guardians at all times. Children who are aged 4 and under should, in the first instance, be accompanied by a parent or guardian unless a prior arrangement with those on duty on the day has been made.

Safeguarding

Safeguarding children and adults at risk is vital, and we are committed to fostering an environment where everyone is able to worship and participate in the life of Saint Deiniol's Cathedral in safety. If you have any concerns, please raise them immediately with a member of the Cathedral team.

Accessibility

A hearing loop is in use – please set hearing aids to the T setting.

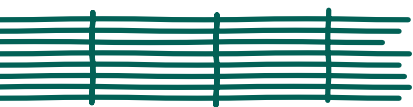
Large print copies of this booklet are available from the stewards.

If you have need of a gluten-free wafer (conforming to the canonical requirement for 20 parts gluten per million), please speak to a steward.

Lavatories are located at the east end of the Cathedral, through the door to the left of the Quire screen.

If we need to evacuate the Cathedral in an emergency, please remain seated and follow the directions of the stewards.

Order of service



Organ prelude

Elegy, Herbert Brewer (1865-1928)

After the notices, we stand as the bell is rung



Gathering

Hymn



Praise to the Holiest in the height,
and in the depth be praise,
in all his words most wonderful,
most sure in all his ways.

O loving wisdom of our God!
when all was sin and shame,
a second Adam to the fight
and to the rescue came.

O wisest love! That flesh and blood,
which did in Adam fail,
should strive afresh against the foe,
should strive and should prevail.



**Praise to the Holiest in the height,
and in the depth be praise,
in all his words most wonderful,
most sure in all his ways**

Words

John Henry Newman (1801-1890)

Music | "Gerontius"

John Bacchus Dykes (1823-1876)

We remain standing until the end of the Collect

Greeting

✠ In the name of the Father, and of the Son,
and of the Holy Spirit.

Amen.

Grace and peace be with you.

And keep you in the love of Christ.

"And as he sowed, some seed fell into good soil, and when it
grew, it produced a hundredfold."

Confession

As we gather to celebrate this Holy Eucharist to the glory of
God, we prepare ourselves by confessing our sins,

we who fail to see the outpouring of God's heart
in creation, community and neighbour;

we who fail to follow Christ in our hearts
by prayer, devotion and charity;

we, though far off, whose hearts are brought near
by word, sacrament and grace.

Let us pray together.

**Heavenly Father,
we have sinned in thought, word and deed,
and have failed to do what we ought to have done.
We are sorry and truly repent.
For the sake of your Son Jesus Christ who died for us,
forgive us all that is past
and lead us in his way
to walk as children of light.
Amen.**

Almighty God have mercy on you,
✠ forgive you and set you free from sin,
and keep you in eternal life.
Amen.

Kyrie eleison

Lord have mercy upon us. Christ have mercy upon us. Lord have mercy upon us.

Music
Collegium Regale, Herbert Howells (1892-1983)

We remain standing

Collect

Let us pray.

Keepest, we beseech you, O God, your Church with your perpetual mercy; and, because our frailty without you cannot but fall, keep us ever by your help from all things hurtful, and lead us to all things profitable to our salvation; through him who is Christ our Saviour.
Amen.

We sit

Word

Psalmody

The foolish have said in their hearts, "There is no God." All are corrupt and commit abominable acts; there is none who does any good.

The Holy One looks down from heaven upon us all, to see if there is any who is wise, if there is one who seeks after God.

Every one has proved faithless; all alike have turned bad; there is none who does good; no, not one.

Have they no knowledge, all those evildoers who eat up my people like bread and do not call upon God?

See how they tremble with fear, because God is in the company of the righteous.

Their aim is to confound the plans of the afflicted, but God is their refuge.

O, that Israel's deliverance would come out of Zion! When God restores the fortunes of the people, Jacob will rejoice and Israel be glad.

Psalm 14

Music

Charles MacPherson (1870-1927)

Reading

A reading from the Book of Genesis.

In those days: The man and the woman heard the sound of the Living God walking in the garden at the time of the evening breeze, and the man and his wife hid themselves from the presence of the Living God among the trees of the garden. But the Living God called to the man, and said to him, "Where are you?" He said, "I heard the sound of you in the garden, and I was afraid, because I was naked; and I hid myself." The Living God said, "Who told you that you were naked? Have you eaten from the tree of which I commanded you not to eat?" The man said, "The woman whom you gave to be with me, she gave me fruit from the tree, and I ate." Then the Living God said to the woman, "What is this that you have done?" The woman said,

"The serpent tricked me, and I ate." The Living God said to the serpent, "Because you have done this, cursed are you among all animals and among all wild creatures; upon your belly you shall go, and dust you shall eat all the days of your life. I will put enmity between you and the woman, and between your offspring and hers; they will strike your head, and you will strike their heel."

Hear the word of life to the world.

Thanks be to God.

Genesis 3:8-15

We stand, turning to face the Book of the Gospels in the Nave

Gospel



who have heard; then the devil comes and takes away the word from their hearts, so that they may not believe and be saved. The ones on the rock are those who, when they hear the word, receive it with joy. But these have no root; they believe only for a while and in a time of testing fall away. As for what fell among the thorns, these are the ones who hear; but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. But as for that in the good soil, these are the ones who, when they hear the word, hold it fast in an honest and good heart, and bear fruit with patient endurance.”

This is the Gospel of our Saviour.

Praise to you, O Christ.

Luke 8:4-15

We sit at the start of the sermon

Sermon in the series “Where the heart is”

“Bear fruit with patient endurance” | Holy Eucharist

The Canon Emeritus

At the end of the sermon, we stand

Creed

Together, let us affirm our faith.

**I believe and trust in God the Father,
who created all that is.**

**I believe and trust in his Son Jesus Christ,
who redeemed humankind.**

**I believe and trust in his Holy Spirit,
who gives life to the people of God.**

**I believe and trust in one God,
Father, Son and Holy Spirit. Amen.**

Intercessions

With all our heart and with all our mind let us pray to God.

We sit or kneel

We use the responses

V God in your mercy,

R **Hear our prayer.**

V Rest eternal grant unto them, O God.

R **And let light perpetual shine upon them.**

V ✠ May they rest in peace.

R **And rise in glory.**

R Merciful Father,

V **Accept these prayers for the sake of your Son,
our Saviour Jesus Christ.**

Amen.

We stand



Sacrament

Hymn



Let all mortal flesh keep silence
and with fear and trembling stand;
ponder nothing earthly-minded,
for with blessing in his hand
Christ our God to earth descendeth,
our full homage to demand.

King of kings, yet born of Mary,
as of old on earth he stood,
Lord of lords, in human vesture,
in the body and the blood:
he will give to all the faithful
his own self for heavenly food.

Rank on rank the host of heaven
spreads its vanguard on the way,
as the Light of light descendeth
from the realms of endless day,
that the powers of hell may vanish
as the darkness clears away.

At his feet the six-winged seraph;
cherubim with sleepless eye,
veil their faces to the Presence,
as with ceaseless voice they cry,
Alleluia, Alleluia,
Alleluia, Lord most high!

Words

Liturgy of St James

Paraphrase

Gerard Moultrie (1825-1889)

Music | "Picardy"

Medieval French folk tune

We remain standing until we share the Peace

Offertory

We bring to this place the bread that sustains us.
It will become for us the bread of life.

We bring to this place the wine that mellows us.
It will become for us the lifeblood of the world.

Eucharistic Prayer

Grace and peace be with you.

And keep you in the love of Christ.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, it is our duty and our joy at all times and in all places to give you thanks, holy Father, all-powerful and everliving God, through Jesus Christ our Lord.

For he is our great high priest who has freed us from our sins and has made us a royal priesthood serving you, our God and Father.

And so with the hosts of angels and all the company of heaven we proclaim the glory of your name and join in their unending hymn of praise:

Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High.

Blessed is he that cometh in the name of the Lord. Hosanna in the highest. Amen.

✠ Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

Music

Collegium Regale, Herbert Howells (1892-1983)

We remain standing

All praise and thanks to you, true and living God, Creator of all things, Giver of life. You formed us in your own image; but we have marred that image and fall short of your glory. We give you thanks that you sent your Son to share our life; you gave him up to death that the world might be saved, and you raised him from the dead that we might live in him and he in us.

Sanctify with your Spirit this bread and wine, your gifts to us, that they may be for us the body and blood of our Saviour Jesus Christ.

On the night he was betrayed, he took bread, and when he had given thanks he broke it and gave it to his disciples, saying, Take, eat; this is my body which is given for you: do this in remembrance of me. ✠

In the same way after supper he took the cup, and when he had given thanks he gave it to them, saying, Drink from this, all of you, for this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins: do this as often as you drink it in remembrance of me. ✠

Let us proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come in glory.

As he has commanded us, Father, we remember Jesus Christ, your Son. Proclaiming his victorious death, rejoicing in his resurrection and waiting for him to come in glory we bring to you this bread, this cup. Accept our sacrifice of thanks and praise.

Restore and revive your people, renew us and all for whom we pray with your grace and heavenly ✠ blessing, and at the last receive us with all your saints into that unending joy promised by your Son, Jesus Christ our Lord.

Through him, with him, in him, in the unity of the Holy Spirit all honour and glory are yours, almighty Father, for ever and ever.

✠ **Amen.**

We remain standing

Lord's Prayer

As our Saviour taught us, we boldly pray:

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever.
Amen.

Peace

Your healing springs up in our hearts; your vindication goes before us as your broken body made whole in peace.

The Peace of the Living God be always with you.

And keep you in the love of Christ.

We share a sign of Peace.

We share a sign of Peace; then we sit or kneel

Breaking

O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, grant us thy peace.

Music

Collegium Regale, Herbert Howells (1892-1983)

Communion

✠ Jesus is the Lamb of God
who takes away the sins of the world.
Happy are those who are called to his supper.

**Saviour, I am not worthy to receive you,
but only say the word and I shall be healed.**

We make our Communion, following the directions of the Stewards, and receiving the Sacramental Host only for the time being

Motet

My eyes for beauty pine,
my soul for Goddès grace:
no other care nor hope is mine,
to heaven I turn my face.

One splendour thence is shed
from all the stars above:
'tis named when Goddès name is said,
'tis Love, 'tis heavenly Love.

And every gentle heart,
that burns with true desire,
is lit from eyes that mirror part
of that celestial fire.

Words

Robert Bridges (1844-1930)

Music

Herbert Howells (1892-1983)

After all have made their Communion, we stand to sing the hymn

Hymn



Thou whose almighty word
chaos and darkness heard,
and took their flight;

hear us, we humbly pray,
and where the Gospel day
sheds not its glorious ray
let there be light.

Thou who didst come to bring
on thy redeeming wing
healing and sight,
health to the sick in mind,
sight to the inly blind,
O now to all mankind
let there be light.

**Spirit of truth and love,
life-giving, holy Dove,
speed forth thy flight;
move on the water's face,
bearing the lamp of grace,
and in earth's darkest place
let there be light.**

**Blessèd and holy Three,
glorious Trinity,
Wisdom, Love, Might,
boundless as ocean's tide
rolling in fullest pride,
through the world far and wide
let there be light.**

Words

John Marriott (1780-1825)

Music | "Moscow"

Felice de Giardini (1716-1796)

We remain standing

Post-Communion Prayer

Let us pray.

God our Creator, by your gift the tree of life was set at the heart of the earthly paradise, and the bread of life at the heart of your Church; may we who have been nourished at this your altar-table on earth be transformed by the glory of the Cross and know the joy of life in its fullness; through the same, Jesus Christ our Saviour.

Amen.

Departing

Grace and peace be with you.

And keep you in the love of Christ.

In all times of sorrow, in all times of joy, and at the day of judgement may God deliver you; and the blessing of God almighty, the Father, ✠ the Son, and the Holy Spirit, be among you and remain with you always.

Amen.

Let us go forth in peace.

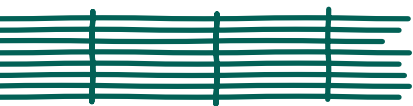
In the Name of Christ. Amen.

We remain standing until the ministers have departed; we then sit or depart

Organ voluntary

Rhapsody No. 1 in D flat, Herbert Howells (1892-1983)

Notices



Canon Tracy Jones

Our Canon for Congregational Life will be commissioned as Area Dean and Synod Vice-Chair for the Archdeaconry of Bangor at Choral Evensong this evening at 3.30pm. We will also be blessing new Cathedral vestments at the service. A warm welcome is extended to all.

Shopping!

Following the successful sale of the Christmas merchandise from the shop in December, a further sale is being held after Sunday services this week, with some wonderful bargains to be had. We hope to resume selling select books during Lent, and look forward to gathering the shop volunteers for an update before long.

The Choir in Chester Cathedral

Our Choir sang wonderfully at yesterday evening's Choral Evensong at Chester Cathedral. It was super to hear Dilys Elwyn-Edwards' Welsh-language setting of Psalm 23 as the anthem. It was good, too, to see so many familiar faces from our Cathedral family in the congregation. Our thanks to all those, not least theb Choir parents, who made the visit possible.

Consecration

Many thanks are due to all who are helping us to prepare for this coming Saturday's Episcopal Consecration, when the Archbishop will ordain two

new bishops at the Cathedral. This provincial service is of necessity a ticketed service.

Welcoming the new Assistant Bishop of Bangor

On Tuesday 1 March, a diocesan service is being held at the Cathedral to welcome our new Assistant Bishop, Mary Stallard. All are welcome at this service – please join us to welcome our new Bishop with colleagues from across the diocese.

Ash Wednesday

Lent begins on Ash Wednesday, 2 March. This is an important day for all of us as we begin a season of penitence, absitence, study and almsgiving. Two Eucharists are being celebrated at the Cathedral on Ash Wednesday – our usual daily Eucharist at 12.30pm, and a Choral Eucharist with sermon at 5.30pm. Ashes will be imposed at the two services. On subsequent Wednesdays in Lent, we will walk and pray the Stations of the Cross, accompanied by music, at 7.30pm. Please make an effort to attend Lented devotions over the weeks ahead.

Coffee-break Recitals

Thursdays

11.15am for 45 minutes

Tea, coffee and cake from 10.45am

Sarah Jones sang beautifully at this past week's recital. A full programme for the current season appears in the new edition of **Buchedd Bangor**.

24 February | Stephen Matthews |
Tenor

Former Cambridge Choral Scholar Stephen Matthews takes a break from his operatic studies in Mannheim, Germany to perform a recital of French, German and English songs.

3 March | Georgia Payne | Trumpet

Clas

See **Buchedd Bangor** for the full programme and Zoom joining details.

21 February

The Sub-Dean in conversation with Mary Stallard, the new Assistant Bishop of Bangor

7 March

The Sub-Dean in conversation with Jordan Hillebert about the life and work of the theologian Henri de Lubac

Our prayers

Our diocese Mary Stallard, as she prepares for her Consecration

The sick Mark Roberts; Gill Hobbs; Lis Perkins; Blodwen Maria Jones; Ellis Becket Cunningham

The recently departed Doreen Jackson; Josie Williams; José Antonio

Year's mind Muriel Mary White (22)

This week

Daily from Monday to Friday

11am-3pm Cathedral open to all

12.30pm Cymun Bendigaid | Holy Eucharist

Monday

6.30pm Clas

Tuesday

5.30pm Gosber ar Gân | Choral Evensong

Ymatebion | Responses, Sumsion Yn G
| in G, Sumsion

Ex ore innocentium, Ireland Durch
Adams Fall, Homilius

Thursday

11.15am Coffee-break Recital

5.30pm Gosber ar Gân | Choral Evensong

Ymatebion | Responses, Sumsion Yn A
| in A, Sumsion

Jesus Christ is Risne, Anon Sonata II,
Mendelssohn

Saturday

There is no Holy Eucharist at 12.30pm

2.30pm Ordination and Consecration to the Order of Bishop

Ticketed service

27 February | The Festival of Saint David

8.15am Holy Eucharist

9.15am Cymun Bendigaid ar Gân

Yr Is-Ddeon yn pregethu

Folk Tune, Whitlock

Offeryn Glyn Rhosyn, Wynn Jones

O! tyrd ar frys, Iachawdwr mawr,

Wynn Jones

Grand Choeur, Montgomery

11am Choral Holy Eucharist

The Very Revd Prof. Gordon McPhate
preaching

Méditation, Vierende

Communion Service in G, Jackson

View me Lord, Lloyd

Festival Toccata, Fletcher

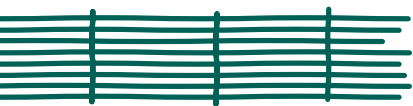
3.30pm Gosber ar Gân | Choral Evensong

Ymatebion | Responses, Sumsion
Yn D | In D, Dyson

Hail Gladdening Light, Wood

Prelude and Fugue in D, Dubois

Support



This holy place of faith, hope and love, and all that takes place here, is sustained by your generosity.

1 To make an online donation on your phone today, scan the QR code below.

2 Use our contactless donation point at the back of the Nave to tap your card or phone.

3 Cash donations can be placed in one of the baskets set out at the back of the Nave.

4 To set up a monthly Direct Debit donation, with the option to add Gift Aid, search online for “Church in Wales Gift Direct” and select “Bro Deiniol” under “Beneficiary”.

By making a donation, you'll be helping us to continue our essential work.



The Cathedral & Metropolitan Church of Saint Deiniol in Bangor

Bishop & Archbishop of Wales

The Most Revd Andrew T. G. John

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Canon Emeritus

Canon Angela Williams

Members of the Cathedral's College of Priests

The Revd Dr John Pryor-Jones, the Very Revd Prof. Gordon McPhate, the Revd Peter Kaye

Reader

Elma Taylor

Charity number 1158340

Sustainability and permissions

We use 100% recycled, low carbon dioxide paper.

Some of our services are streamed on Facebook from a camera at the east end of the Nave facing east, and the recording made available thereafter on the Cathedral's Facebook page. An official photographer may be on duty. Your attendance constitutes your consent to be included in any filming, photographing, audio recording or broadcast. If you do not wish a photograph of you or a child in your care to be used by the Cathedral, please speak to a member of the Cathedral team.

Acknowledgements

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On the cover is a photograph of the altar-table at St Celynnin's Church, Llangelynnin, in the Ministry Area of Bro Celynnin, from the collections of the Royal Commission on the Ancient & Historical Monuments of Wales.