"Blessed is she who believed that there would be fulfilment"

Prudence



Choral Holy Eucharist

The Festival of Mary the Mother of God

14 August 2022 at 11am

Welcome to Saint Deiniol's Cathedral in Bangor.



You stand now where Deiniol stood almost a millennium and a half ago.

Here, in the year 525, he gathered around him a community of faith, hope and love, and raised around it a hazel fence—the original **bangor**—for shelter and sanctuary.

Our prayer is that you, too, will be embraced here by the same faith, hope and love that we proclaim and live by today.

At this Eucharist...

At this Eucharist we will meet Christ in bread and wine, which become for us his Body and his Blood.

As we gather, we will prepare ourselves to meet Christ by confessing our sins – the ways in which we have grieved God in our lives – and receive absolution, the knowledge of God's forgiveness.

We then listen to readings from the Bible, where we find guidance, challenge, comfort and good news from God. We respond by proclaiming our faith in the Holy Trinity and offering to God our prayer for all in need.

At the heart of our worship today, we will take bread and wine, we will ask for God's transfiguring blessing upon them, we break the bread, and – as the broken, mended Body of Christ that we ourselves are – we will make our Communion.

Our worship ends with the assurance of God's blessing, sustaining us as we depart.

No matter how long ago you last did so, you are welcome to make your Communion with us here today. If you would like to make your Communion for the first time, or to be Baptised, please speak to a member of the Cathedral team.

Faith, hope and love are here offered for everybody.

Worshipping with us today

This booklet contains everything said and sung during our worship today. You are invited to take the booklet away with you, to reflect in your own time on the holy words it contains. However, worship is not primarily something that we read or observe - it is an activity, in which we all participate, alongside those who are gathered with us and, we believe, alongside the whole company of heaven. Be sure, therefore, to look up; to notice colour, light, sound, movement and beauty; to raise up your voice; to take your full part; to be formed and transformed.

During our worship, we say and sing together the text **in bold type**. Translations into English are provided from Welsh and other languages. We may make a sign of the Cross at times when the words are marked with *. Other directions (rubrics) are offered **in red type**; if you find it more comfortable to sit rather than stand or kneel, please do so.

Accessibility

A hearing loop is in use – please set hearing aids to the T setting.

Large print copies of this booklet are available from the stewards.

If you have need of a gluten-free wafer (conforming to the canonical requirement for 20 parts gluten per million), please speak to a steward.

Lavatories are located at the east end of the Cathedral, through the door to the left of the Quire screen.

If we need to evacuate the Cathedral in an emergency, please remain seated and follow the directions of the stewards.

Children and young families

Activities and crafts take place during the Choral Holy Eucharist every Sunday in the Lady Chapel, for any children up to the age of 11. The crafts and activities are varied, with at least one relating to the theme of the Eucharist itself. This space will be staffed by responsible adults, and children over the age of 5 will be able to come and go freely. Children will remain the responsibility of their parents or quardians at all times. Children who are aged 4 and under should, in the first instance, be accompanied by a parent or guardian unless a prior arrangement with those on duty on the day has been made.

From the Lectern δ Buchedd Bangor

Each week, a **From the Lectern** email is sent to subscribers with weekly notices and images from the life of the Cathedral and Ministry Area. If you're not already a subscriber, follow the QR code, or visit **cadeirlan. churchinwales.org.uk/Darllenfa/**

Buchedd Bangor is our new magazine, offering a mixture of devotional material and practical knowledge about our life together. Pick up a copy of today, or follow the QR code to read online.

Buchedd Bangor



O'r Ddarllenfa From the Lectern



Order of service

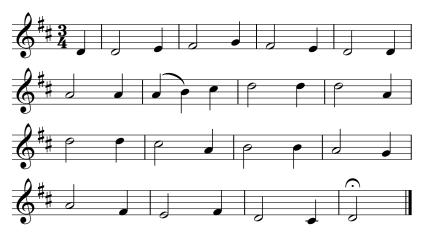






Gathering

Hymn



he Lord whom earth and sea and sky adore and praise and magnify, who o'er their threefold fabric reigns, the Virgin's spotless womb contains.

And he whose will is ever done by moon and seas, by stars and sun, is borne upon a maiden's breast, whom God's foreseeing grace possessed. How blest that Mother, in whose shrine the very Word of God divine, the maker of the earth and sky, was pleased in fleshly form to lie.

Blest in the message Gabriel brought, blest in the work the Spirit wrought, blest evermore, who brought to birth the long-Desired of all the earth.

Words

Venantius Fortunatus (530-609)
Translation
John Mason Neale (1818-1866)
Music | "Puer nobis nascitur"
Michael Praetorius (1571-1621)

We remain standing until the end of the Collect

Greeting

▼ In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Grace and peace be with you.

And keep you in the love of Christ.

"Blessed is she who believed that there would be a fulfilment of what was spoken to her by God."

Confession

As we gather to celebrate this Holy Eucharist to the glory of God, we prepare ourselves by confessing our sins,

trusting in the goodness of our merciful Father,

upheld by the gentleness of our brother Jesus,

seeing our lives anew in the radiance of the life-giving Spirit.

Let us pray together.

Heavenly Father,
we have sinned in thought, word and deed,
and have failed to do what we ought to have done.
We are sorry and truly repent.
For the sake of your Son Jesus Christ who died for us,
forgive us all that is past
and lead us in his way
to walk as children of light.
Amen.

Almighty God have mercy on you, ★ forgive you and set you free from sin, and keep you in eternal life.

Amen.

We remain standing

Kyrie eleison

Kyrie eleison. Christe eleison. Kyrie eleison.

Translation

Lord have mercy. Christ have mercy. Lord have mercy.

Music

Missa brevis, Giovanni Pierluigi da Palestrina (c. 1525-1594)

We remain standing

Collect

Let us pray.

eavenly Father, who chose Mary to be the mother of our Redeemer: grant that we may in all things accept your holy will, and with her rejoice in your salvation; through the same Jesus Christ our Saviour.

Amen.

We sit

Word

Psalmody

You are the fairest of men; grace flows from your lips, because God has blest you for ever.

You love righteousness and hate iniquity; therefore God, your God, has anointed you with the oil of gladness above your companions.

The king will have pleasure in your beauty; you are committed to him, therefore do him honour.

I will make your name to be remembered from one generation to another, therefore nations will praise you for ever and ever.

Psalm 45:2, 8, 11, 17 Music Percy Carter Buck (1871-1947)

Reading

A reading from the Letter of Saint Paul to the Galatians.

early beloved: When the fullness of time had come, the Son of God, sent by God, was born of a woman, born under the law, in order to redeem those who were under the law, so that we might receive adoption as children. And because you are children, the Spirit of God's Son has been sent by God into our hearts, crying, "Abba! Father!" So you are no longer a slave but a child, and if a child then also an heir, through God.

Hear the word of life to the world.

Thanks be to God.

Galatians 4:4-7

We stand, turing to face the Book of the Gospels in the Nave

Gospel



- V Alleluia. Alleluia. Alleluia. Alleluia. Alleluia. Alleluia.
- Y The Mighty One has done great things for me, and holy is his name R Alleluia. Alleluia. Alleluia.

Grace and peace be with you.

And keep you in the love of Christ.

Listen to the Holy Gospel according to ★ Saint Luke.

Glory to you, O Christ.

t that time: Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leapt in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Saviour comes to me? For as soon as I heard the sound of your greeting, the child in my womb leapt for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her by the Holy One." And Mary said, "My soul proclaims your greatness, O God; my spirit rejoices in you, my Saviour, for you have looked with favour on your lowly servant. From this day all generations will call me blessed; you, the Almighty, have done great things for me, and holy is your Name. You have mercy on those who fear you from generation to generation. You, O God, have shown strength with your arm, and scattered the proud in their conceit, casting down the mighty from their thrones and lifting up the lowly. You have filled the hungry with good things and sent the rich away empty. You have come to the help of your servant Israel, for you have remembered your promise of mercy, the promise made to our forebears, to Abraham and to his descendants for ever."

This is the Gospel of our Saviour.

Praise to you, O Christ.

Luke 1:39-55

We sit at the start of the sermon

Sermon in the series "Like a tree planted by water"
"Blessed is she who believed that there would be fulfilment"
Prudence

The Canon for Congregational Life

At the end of the sermon, we stand

Creed

Together, let us affirm our faith.

I believe and trust in God the Father, who created all that is.

I believe and trust in his Son Jesus Christ, who redeemed humankind.

I believe and trust in his Holy Spirit, who gives life to the people of God.

I believe and trust in one God, ★ Father, Son and Holy Spirit, Amen.

Intercessions

With all our heart and with all our mind let us pray to God.

We sit or kneel

We use the responses

- Y God in your mercy,
- R Hear our prayer.
- W Rest eternal grant unto them, O God.
- R And let light perpetual shine upon them.
- R And rise in glory.
- R Merciful Father,
- Y Accept these prayers for the sake of your Son, our Saviour Jesus Christ.

Amen.

Banns of Marriage are called

We stand, and a Collection is taken during the hymn

Sacrament

Нутп



ing we of the blessèd Mother
who received the angels word,
and obedient to his summons
bore in love the infant Lord;
sing we of the Joys of Mary
at whose breast that child was fed
who is Son of God eternal
and the everlasting Bread.

Sing we, too, of Mary's sorrows, of the sword that pierced her through, when beneath the cross of Jesus she his weight of suffering knew, looked upon her Son and Saviour reigning from the awful tree, saw the price of man's redemption paid to set the sinner free.

Sing again the joys of Mary
when she saw the risen Lord,
and in prayer with Christ's apostles,
waited on his promised word:
from on high the blazing glory
of the Spirit's presence came,
heavenly breath of God's own being,
tokened in the wind and flame.

Sing the chiefest joy of Mary
when on earth her work was done,
and the Lord of all creation
brought her to his heavenly home:
Virgin Mother, Mary blessèd,
raised on high and crowned with grace,
may thy Son, the world's redeemer,
grant us all to see his face.

Words

George Boorne Timms (1910-1997)

Music | "Abbot's Leigh"

Cyril Taylor (1907-1991)

We remain standing until we share the Peace

Offertory

We bring to this place the bread that sustains us. **It will become for us the bread of life.**

We bring to this place the wine that mellows us. **It will become for us the lifeblood of the world.**

Eucharistic Prayer

Grace and peace be with you.

And keep you in the love of Christ.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, it is our duty and our joy at all times and in all places to give you thanks, holy Father, all-powerful and everliving God, through Jesus Christ our Lord.

In choosing the blessed Virgin Mary to be the mother of your Son, you have exalted the humble and meek. Your angel hailed her as most highly favoured; with all generations we call her blessed, and with her we rejoice and magnify your holy Name.

And so with the hosts of angels and all the company of heaven we proclaim the glory of your name and join in their unending hymn of praise:

Sanctus, sanctus, sanctus, Dominus Deus Sabaoth. Pleni sunt coeli et terra Gloria tua. Hosanna in excelsis.

₩ Benedictus qui venit in nomine domini. Hosanna in excelsis.

Translation

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. ** Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Music

Missa brevis, Giovanni Pierluigi da Palestrina (c. 1525-1594)

We remain standing

All praise and thanks to you, true and living God, Creator of all things, Giver of life. You formed us in your own image; but we have marred that image and fall short of your glory. We give you thanks that you sent your Son to share our life; you gave him up to death that the world might be saved, and you raised him from the dead that we might live in him and he in us.

Sanctify with your Spirit this bread and wine, your gifts to us, that they may be for us the body and blood of our Saviour Jesus Christ.

On the night he was betrayed, he took bread, and when he had given thanks he broke it and gave it to his disciples, saying, Take, eat; this is my body which is given for you: do this in remembrance of me.

In the same way after supper he took the cup, and when he had given thanks he gave it to them, saying, Drink from this, all of you, for this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins: do this as often as you drink it in remembrance of me. \maltese

Let us proclaim the mystery of faith.

Christ has died. Christ is risen. Christ will come in glory.

As he has commanded us, Father, we remember Jesus Christ, your Son. Proclaiming his victorious death, rejoicing in his resurrection and waiting for him to come in glory we bring to you this bread, this cup. Accept our sacrifice of thanks and praise.

Restore and revive your people, renew us and all for whom we pray with your grace and heavenly ★ blessing, and at the last receive us with all your saints into that unending joy promised by your Son, Jesus Christ our Lord.

Through him, with him, in him, in the unity of the Holy Spirit all honour and glory are yours, almighty Father, for ever and ever. *Amen.

We remain standing

Lord's Prayer

As our Saviour taught us, we boldly pray:

ur Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever.

Amen.

Peace

You consecrate us by your Spirit to make us one Body, growing from separation into your likeness, our nearness the gift of your peace.

The Peace of the Living God be always with you. **And keep you in the love of Christ.**

We share a sign of Peace.

We share a sign of Peace; then we sit or kneel

Breaking

Agnus Dei, qui tollis peccata mundi, miserere nobis. Agnus Dei, qui tollis peccata mundi, miserere nobis. Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

Translation

Lamb of God, who takes away the sins of the world, have mercy upon us. Lamb of God, who takes away the sins of the world, have mercy upon us. Lamb of God, who takes away the sins of the world, grant us peace.

Music

Missa brevis, Giovanni Pierluigi da Palestrina (c. 1525-1594)

Communion

▶ Jesus is the Lamb of God who takes away the sins of the world. Happy are those who are called to his supper.

Saviour, I am not worthy to receive you, but only say the word and I shall be healed.

We make our Communion, following the directions of the Stewards, receiving the Sacramental Host and, if we wish, the Precious Blood

Motet

O salutaris hostia quae caeli pandis ostium, bella premunt hostilia: da robur, fer auxilium

Uni trinoque Domino sit sempiterna gloria, qui vitam sine termino nobis donet in patria. Amen.

Translation

O saving victim who opens the gate of heaven, hostile wars press on us: give strength, bring aid. / To the Lord, three in one, be everlasting glory, for life without end he gives us in his kingdom. Amen.

Words

Thomas Aquinas (1225-1274 **Music**

Thomas Tallis (1505-1585)

After all have made their Communion, we stand to sing the hymn



ell out, my soul, the greatness of the Lord: unnumbered blessings, give my spirit voice; tender to me the promise of his word; in God my Saviour shall my heart rejoice.

Tell out, my soul, the greatness of his name: make known his might, the deeds his arm has done; his mercy sure, from age to age the same; his holy name, the Lord, the Mighty One.

Tell out, my soul, the greatness of his might: powers and dominions lay their glory by; proud hearts and stubborn wills are put to flight, the hungry fed, the humble lifted high.

Tell out, my soul, the glories of his word: firm is his promise, and his mercy sure.
Tell out, my soul, the greatness of the Lord to children's children and for evermore!

Words Timothy Dudley-Smith Music | "Woodlands" Walter Greatorex (1877-1949)

We remain standing

Post-Communion Prayer

Let us pray.

orn of the Spirit, formed into your likeness, and changing daily from glory to glory, dwell with us, Body of Christ, to nourish, mend and make us whole; through your Holy Name.

Amen.





Departing

Grace and peace be with you.

And keep you in the love of Christ.

ay the love of Jesus Christ draw you to himself; may his power strengthen you in his service; and may his joy fill your hearts; and the blessing of God almighty, the Father, ★ the Son, and the Holy Spirit, be among you and remain with you always.

Amen.

Let us go forth in peace.

In the Name of Christ. Amen.

We remain standing until the ministers have departed; we then sit or depart

Organ voluntary

Choral Song, Samuel Sebastian Wesley (1810-1876)

Notices



Visiting choir

We're delighted that our choral provision continues over the summer months. We are delighted to have the Choir of Shrewsbury Abbey with us this weekend. We welcome them to Bangor, and thank them for enriching our worship.

Next week we welcome the Choir of Saint Mary and All Saint's Church, Conwy at 11am and 3.30pm.

Camau Bach

On Tuesday 20 September we will be launching a new weekly toddler group here at the Cathedral, called Camau Bach (Baby Steps). Running from 9am until 10.30am, the group will provide parents and carers with pre-school aged children a space to sit, chat and enjoy a cuppa alongside others. The local Health Visitors will be joining us each week to offer support and advice for the parents. If you would like to be a part of the Camau Bach volunteer team, helping make cups of tea and chatting with the parents and carers, either on a weekly or more occasional basis, please speak to Naomi Wood.

Works to the Cathedral fabric

Works to the Cathedral's pipe organ blower are continuing to take place and going well. We are grateful to our musicians for compensating for the reduced musical forces at our disposal due to parts of the organ being decommissioned for the duration of the works, which are expected to be completed during August.

The current issue of **Buchedd Bangor** outlines the work that will take place during August and September to install a new audio-visual system in the Cathedral. Over the summer months and into the autumn, we also expect repair and restoration work to be undertaken to the external masonry of the Skeffington Tower (at the west end of the Cathedral) and the Scott Tower (at the central point of the Cathedral), to the clock faces, and to the Cathedral's main doors.

The Chapter Chapter hopes soon to commend a new set of furniture for the Nave (including pew benches, altar-table and choir stalls) that are specifically designed to coordinate with the Scott decorative scheme for the Nave roof and the Quire and Presbytery, while also being flexible and moveable to accommodate with flexibility the greater day-to-day use that is currently being made of the Cathedral building. Full details of the scheme will be outlined in the September issue of Buchedd Bangor. and some of the Luke Hughes prototypes can be seen in the Lady Chapel, with all comments and feedback welcome.

Please speak to the Sub-Dean or to our Conservation & Development Project Manager, Simon Ogdon, if you would like to know more about any aspect of these maintenance, conservation and development works.

This week

Dydd Llun | Monday

12.30pm Cymun | Eucharist

Dydd Mawrth | Tuesday

12.30pm Cymun | Eucharist

5.30pm Gosber ar Gân | Choral Evensong

Dydd Mercher | Wednesday

12.30pm Cymun | Eucharist

Dydd Iau | Thursday

12.30pm Cymun | Eucharist

5.30pm Gosber ar Gân | Choral Evensong

Dydd Gwener | Friday

12.30pm Cymun | Eucharist

Dydd Sadwrn | Saturday

12.30pm Cymun | Eucharist

21 Awst | Y Degfed Sul wedi'r Drindod

21 August | The Tenth Sunday after Trinity

8.15am Holy Eucharist

9.15am Cymun Bendigaid ar Gân

Offeren Fer yn y Modd Prygaidd, Wood; Ricercare del settimo tuono, Diruta

11.00am Choral Holy Eucharist

Mass of St Celynnin, Roberts; Ave Verum, Mozart; Voluntary No.6, Greene

3.30pm Gosber ar Gân | Choral Evensong

Ymatebion | Respones, Roberts; Evening Service in B flat, Stanford; Be thou my vision, Chilcott; Tiento, de Arauxo

Our prayers

Our community The Cathedral Foodbank

Our diocese The Ministry Area of Bro Dwylan

To be Baptised this Sunday Denika

The sick David Beale; Patricia Yeates; Cairtiona Carroll; Judith Helen; Sharon Hill; Mike Coxlong; Sasha Cook; Glenys Dore

The recently departed Mari de Sorrento

Year's mind Virginia Johnstone (19)

Safeguarding

Safeguarding children and adults at risk is vital, and we are committed to fostering an environment where everyone is able to worship and participate in the life of Saint Deiniol's Cathedral in safety. If you have any concerns, please raise them immediately with a member of the Cathedral tamp

Sustainability and permissions

We use 100% recycled, low carbon dioxide paper.

Some of our services are streamed on Facebook from a camera at the east end of the Nave facing east, and the recording made available thereafter on the Cathedral's Facebook page. An official photographer may be on duty. Your attendance constitutes your consent to be included in any filming, photographing, audio recording or broadcast. If you do not wish a photograph of you or a child in your care to be used by the Cathedral, please speak to a member of the Cathedral team.

Acknowledgements

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The cover image is a detail of a painting of the Assumption by Bergognone (Ambrogio di Stefano da Fossano, c.1453-1523) at the Met Museum.

Support

This holy place of faith, hope and love, and all that takes place here, is sustained by your generosity.

To make an online donation on your phone today, scan the QR code below.

Use our contactless donation point at the back of the Nave to tap your card or phone.

By making a donation, you'll be helping us to continue our essential work.



Cadeirlan ac Eglwys Archesgobol Deiniol Sant vm Mangor

The Cathedral δ Metropolitical Church of Saint Deiniol in Bangor

Esgob ac Archesgob Cymru Y Parchedicaf Andrew T. G. John Bishop & Archbishop of Wales The Most Revd Andrew T. G. John

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Aelodau o Goleg Offeiriadol y Gadeirlan Members of the Cathedral's College of Priests Y Parchg Ddr | The Revd Dr John Prysor- Jones, y Tra Pharchg Athro | the Very Revd Prof. Gordon McPhate, y Parchg | the Revd Peter Kaye

Darllenydd | Reader

Elma Taylor

Pensaer y Gadeirlan | Cathedral Architect Simon Malam

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