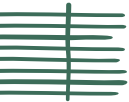


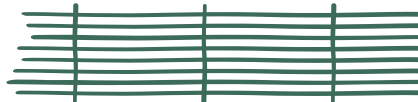


Choral Holy Eucharist
The Thirteenth Sunday after Trinity
3 September 2023 at 11am

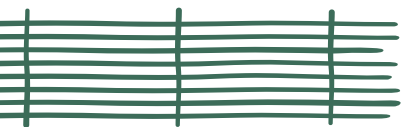


**Cadeirlan
Deiniol Sant
ym Mangor**

Saint Deiniol's
Cathedral
in Bangor



Welcome to Saint Deiniol's Cathedral in Bangor.



You stand now where
Deiniol stood almost a
millennium and a half ago.

Here, in the year 525, he
gathered around him a
community of faith, hope
and love, and raised
around it a hazel fence –
the original **bangor** – for
shelter and sanctuary.

Our prayer is that you,
too, will be embraced
here by the same faith,
hope and love that we
proclaim and live by
today.

At this Eucharist...

**At this Eucharist we will meet Christ
in bread and wine, which become for
us his Body and his Blood.**

1 As we gather, we will prepare
ourselves to meet Christ by
confessing our sins – the ways in
which we have grieved God in our
lives – and receive absolution, the
knowledge of God's forgiveness.

2 We then listen to readings
from the Bible, where we find
guidance, challenge, comfort
and good news from God. We
respond by proclaiming our faith in
the Holy Trinity and offering to God
our prayer for all in need.

3 At the heart of our worship
today, we will take bread and
wine, we will ask for God's
transfiguring blessing upon them,
we break the bread, and – as the
broken, mended Body of Christ that
we ourselves are – we will make our
Communion.

4 Our worship ends with the
assurance of God's blessing,
sustaining us as we depart.

No matter how long ago you last did
so, you are welcome to make your
Communion with us here today. If you
would like to make your Communion
for the first time, or to be Baptised,
please speak to a member of the
Cathedral team.

Faith, hope and love are here offered
for everybody.

Worshipping with us today

This booklet contains everything said and sung during our worship today. You are invited to take the booklet away with you, to reflect in your own time on the holy words it contains. However, worship is not primarily something that we read or observe – it is an activity, in which we all participate, alongside those who are gathered with us and, we believe, alongside the whole company of heaven. Be sure, therefore, to look up; to notice colour, light, sound, movement and beauty; to raise up your voice; to take your full part; to be formed and transformed.

During our worship, we say and sing together the text **in bold type**. Translations into English are provided from Welsh and other languages. We may make a sign of the Cross at times when the words are marked with ✠. Other directions (rubrics) are offered **in red type**; if you find it more comfortable to sit rather than stand or kneel, please do so.

Accessibility

A hearing loop is in use – please set hearing aids to the T setting.

Large print copies of this booklet are available from the stewards.

If you have need of a gluten-free wafer (conforming to the canonical requirement for 20 parts gluten per million), please speak to a steward.

Lavatories are located at the east end of the Cathedral, through the door to the left of the Quire screen.

If we need to evacuate the Cathedral in an emergency, please remain seated and follow the directions of the stewards.

Children and young families

Activities and crafts take place during the Choral Holy Eucharist every Sunday in the Lady Chapel, for any children up to the age of 11. The crafts and activities are varied, with at least one relating to the theme of the Eucharist itself. This space will be staffed by responsible adults, and children over the age of 5 will be able to come and go freely. Children will remain the responsibility of their parents or guardians at all times. Children who are aged 4 and under should, in the first instance, be accompanied by a parent or guardian unless a prior arrangement with those on duty on the day has been made.

From the Lectern & Buchedd Bangor

Each week, a **From the Lectern** email is sent to subscribers with weekly notices and images from the life of the Cathedral and Ministry Area. If you're not already a subscriber, follow the QR code, or visit **cadeirlan.churchinwales.org.uk/Darllenfa/**

Buchedd Bangor is our regular magazine, offering a mixture of devotional material and practical knowledge about our life together. Pick up a copy of today, or follow the QR code to read online.

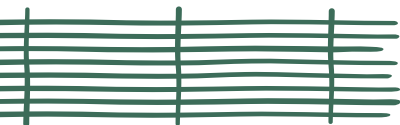
Buchedd Bangor



O'r Ddarllenfa From the Lectern



Order of service



After the notices, we stand as the bell is rung



Gathering

Hymn



O for a heart to praise my God,
a heart from sin set free;
a heart that's sprinkled with the blood
so freely shed for me:

A heart resigned, submissive, meek,
my great Redeemer's throne;
where only Christ is heard to speak,
where Jesus reigns alone:

A humble, lowly, contrite heart,
believing, true, and clean,
which neither life nor death can part
from him that dwells within:

A heart in every thought renewed,
and full of love divine;
perfect and right and pure and good –
a copy, Lord, of thine.



**Thy nature, gracious Lord, impart,
come quickly from above;
write thy new name upon my heart,
thy new best name of Love.**

Words

Charles Wesley (1707-1788)

Music | "Stockton"

from the 'Scottish Psalter' (1615)

Greeting

✠ In the name of the Father, and of the Son,
and of the Holy Spirit.

Amen.

Grace and peace be with you.

And keep you in the love of Christ.

"Give me the joy of your saving help again, and sustain me with
your bountiful Spirit."

Confession

As we gather to celebrate this Holy Eucharist to the glory of
God, we prepare ourselves by confessing our sins,

trusting in the goodness of our merciful Father,

upheld by the gentleness of our companion Jesus,

seeing our lives anew in the radiance of the life-giving Spirit.

Heavenly Father,

**We have sinned in thought, word and deed,
and have failed to do what we ought to have done.**

We are sorry and truly repent.

**For the sake of your Son Jesus Christ who died for us,
forgive us all that is past
and lead us in his way
to walk as children of light.**

Amen.

Almighty God have mercy on you,

✠ forgive you and set you free from sin,
and keep you in eternal life.

Amen.

We remain standing

Kyrie eleison

Kyrie eleison. Christe eleison. Kyrie eleison.

Translation

Lord have mercy. Christ have mercy. Lord have mercy.

Music

Communion Service in E-flat, Len White (1910-1970)

We remain standing

Collect

Let us pray.

God of all power and might, the author and giver of all good things: graft in our hearts the love of your Name, increase in us true religion, nourish us with all goodness, and of your great mercy keep us in the same; through Jesus Christ our Saviour.

Amen.

We sit

Word

Psalmody

Hide your face from my sins, and blot out all my iniquities.

Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from your presence, and take not your holy Spirit from me.

Give me the joy of your saving help again, and sustain me with your bountiful Spirit.

I shall teach your ways to the wicked, and sinners shall return to you.

Deliver me from death, O God, and my tongue shall sing of your righteousness, O God of my salvation.

Open my lips, O God, and my mouth shall proclaim your praise.

Psalm 51:10-16

Music

John Ireland (1879-1962)

Reading

A reading from the Book of the Prophet Micah.

Hear what the Holy One says: "With what shall I come before the Holy One, and bow myself before God on high? Shall I come before him with burnt-offerings, with calves a year old? Will the Living One be pleased with thousands of rams, with tens of thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?" He has told you, O mortal, what is good; and what does the Eternal One require of you but to do justice, and to love kindness, and to walk humbly with your God?

Hear the word of life to the world.

Thanks be to God.

Micah 6:6-8

We stand, turing to face the Book of the Gospels in the Nave

Sermon in the series “To the far off and the near”

Treasure • How can we renew the life of the earth?

As we walk Christ’s way of faith, hope and love, we must do our own “soul work”, allowing the gentleness of grace to transform our minds, and knowing God within us, near that we are to ourselves. And we must also look outwards, seeing the Spirit at work in the lives of those around us, and following the Spirit to show the signs of Cross and Resurrection in our neighbourhoods and our relationships. This season’s sermon series – “To the far off and the near” – will explore five ways in which we are called to be transformed and to transform our world in Christ’s name.

The Sub-Dean

At the end of the sermon, we stand

Creed

Together, let us affirm our faith.

**I believe and trust in God the Father,
who created all that is.**

**I believe and trust in his Son Jesus Christ,
who redeemed humankind.**

**I believe and trust in his Holy Spirit,
who gives life to the people of God.**

**I believe and trust in one God,
✠ Father, Son and Holy Spirit.
Amen.**

Intercessions

With all our heart and with all our mind let us pray to God.

We sit or kneel

Holy God, we pray for the Church, created for your glory. We pray for Andrew our Bishop; for the daily life and ministry of our Cathedral and of Eglwys y Groes; and for all who will cross the threshold of this holy place as pilgrims and visitors this coming week. Extend to us your salvation and growth.

✠ God in your mercy,

✠ **Hear our prayer.**

Holy God, we pray for the world, created by your love. We pray especially for the people of Ukraine and Russia; for justice and peace in those lands. Extend to us your righteousness and your reconciling love.

✠ God in your mercy,

✠ **Hear our prayer.**

Holy God, we pray for your people, created in your image, and especially for the lonely, the bereaved and the sick. From our community, we pray especially for [...] . Breathe on them the breath of life and bring to them your mercy and grace.

✠ God in your mercy,

✠ **Hear our prayer.**

Holy God, we pray for those we love but see no longer. We pray for those who have died recently, among them [...] ; and for [...] whose years mind falls at this time.

✠ Rest eternal grant unto them, O God.

✠ **And let light perpetual shine upon them.**

✠ ✠ May they rest in peace.

✠ **And rise in glory.**

Uniting our prayers with those of Mary the Mother of God, Deiniol, Seiriol, Cadfan and all the Saints of Bardsey, we pray:

✠ Merciful Father,

✠ **Accept these prayers for the sake of your Son,
our Saviour Jesus Christ.**

Amen.

We stand to sing the hymn, during which a Collection is taken

We are Censed during the hymn as a sign of purification and sanctification, and return the Thurifer's reverence

Sacrament

Hymn



Just as I am, without one plea
but that thy blood was shed for me,
and that thou bidst me come to thee,
O Lamb of God, I come.

Just as I am, though tossed about
with many a conflict, many a doubt,
fightings and fears within, without,
O Lamb of God, I come.

Just as I am, poor, wretched, blind;
sight, riches, healing of the mind,
yea, all I need, in thee to find,
O Lamb of God, I come.

Just as I am, thou wilt receive,
wilt welcome, pardon, cleanse, relieve:
because thy promise I believe,
O Lamb of God, I come.

**Just as I am, thy love unknown
has broken every barrier down;
now to be thine, yea, thine alone,
O Lamb of God, I come.**

**Just as I am, of that free love
the breadth, length, depth, and height to prove,
here for a season, then above,
O Lamb of God, I come.**

Words

Charlotte Elliott (1789-1871)

Music | "Saffron Walden"

Arthur Henry Brown (1830-1926)

We remain standing until we share the Peace

Offertory

We bring to this place the bread that sustains us.
It will become for us the bread of life.

We bring to this place the wine that mellows us.
It will become for us the lifeblood of the world.

Eucharistic Prayer

Grace and peace be with you.

And keep you in the love of Christ.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, it is our duty and our joy at all times and in all places to give you thanks, holy Father, all-powerful and ever-living God, through Jesus Christ our Lord.

For he is our great high priest who has freed us from our sins and has made us a royal priesthood serving you, our God and Father.

And so with the hosts of angels and all the company of heaven we proclaim the glory of your name and join in their unending hymn of praise:

Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord Most High.

✠ Blessed is he that cometh in the Name of the Lord. Hosanna in the highest.

Music

Communion Service in E-flat, Len White (1910-1970)

We remain standing

All praise and thanks to you, true and living God, Creator of all things, Giver of life. You formed us in your own image; but we have marred that image and fall short of your glory. We give you thanks that you sent your Son to share our life; you gave him up to death that the world might be saved, and you raised him from the dead that we might live in him and he in us.

Sanctify with your Spirit this bread and wine, your gifts to us, that they may be for us the body and blood of our Saviour Jesus Christ.

On the night he was betrayed, he took bread, and when he had given thanks he broke it and gave it to his disciples, saying, Take, eat; this is my body which is given for you: do this in remembrance of me. ✠

In the same way after supper he took the cup, and when he had given thanks he gave it to them, saying, Drink from this, all of you, for this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins: do this as often as you drink it in remembrance of me. ✠

Let us proclaim the mystery of faith.

Christ has died.

Christ is risen.

Christ will come in glory.

As he has commanded us, Father, we remember Jesus Christ, your Son. Proclaiming his victorious death, rejoicing in his resurrection and waiting for him to come in glory we bring to you this bread, this cup. Accept our sacrifice of thanks and praise.

Restore and revive your people, renew us and all for whom we pray with your grace and heavenly ✠ blessing, and at the last receive us with all your saints into that unending joy promised by your Son, Jesus Christ our Lord.

Through him, with him, in him, in the unity of the Holy Spirit all honour and glory are yours, almighty Father, for ever and ever.

✠ **Amen.**

We remain standing

Lord's Prayer

As our Saviour taught us, we boldly pray:

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever.
Amen.

Peace

You consecrate us by your Spirit to make us one Body, growing from separation into your likeness, our nearness the gift of your peace.

The Peace of the Living God be always with you.

And keep you in the love of Christ.

We share a sign of Peace.

We share a sign of Peace; then we sit or kneel

Breaking

O Lamb of God, who takest away the sins of the world: have mercy upon us. O Lamb of God, who takest away the sins of the world: have mercy upon us. O Lamb of God, who takest away the sins of the world: grant us thy peace.

Music

Communion Service in E-flat, Len White (1910-1970)

Communion

✠ Jesus is the Lamb of God
who takes away the sins of the world.
Happy are those who are called to his supper.

**Saviour, I am not worthy to receive you,
but only say the word and I shall be healed.**

We make our Communion, following the directions of the Stewards, receiving the Sacramental Host and, if we wish, the Precious Blood

Motet

Ave verum corpus, natum
ex Maria Virgine,
vere passum, immolatum
in cruce pro homine
cuius latus perforatum
vero fluxit sanguine:
esto nobis prægustatum
in mortis examine.
O clemens, O pie,
O dulcis Jesu, fili Mariæ.

Translation

Hail, true Body, born of the Virgin Mary, having truly suffered, sacrificed on the Cross for humankind, from whose pierced side blood flowed: be for us a foretaste in the trial of death! O clement, O holy, O sweet Jesus, son of Mary.

Words

Thirteenth-century Latin

Music

Edward Elgar (1857-1934)

After all have made their Communion, we stand to sing the hymn



Go forth for God, go to the world in peace;
be of good courage, armed with heavenly grace,
in God's good Spirit, daily to increase,
till in his kingdom we behold his face.

**Go forth for God, go to the world in strength;
hold fast the good, be urgent for the right;
render to no one evil; Christ at length
shall overcome all darkness with his light.**

**Go forth for God, go to the world in love;
strengthen the faint, give courage to the weak;
help the afflicted; richly from above
God's love supplies the grace and power we seek.**

**Go forth for God, go to the world in joy,
to serve God's people every day and hour,
and serving Christ, his every gift employ,
rejoicing in the Holy Spirit's power.**

**Sing praise to him who brought us on our way,
sing praise to him who bought us with his blood,
sing praise to him who sanctifies each day,
sing praise to him who reigns one Lord and God.**

Words

John Raphael Peacy (1896-1971)

Music | "Woodlands"

Walter Greatorex (1877-1949)

We remain standing



Departing

Grace and peace be with you.

And keep you in the love of Christ.

May the love of Jesus Christ draw you to himself; may his power strengthen you in his service; and may his joy fill your hearts; and the blessing of God almighty, the Father, ✠ the Son, and the Holy Spirit, be among you and remain with you always.

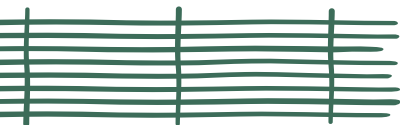
Amen.

Let us go forth in peace.

In the Name of Christ. Amen.

We remain standing until the ministers have departed; we then sit or depart

Notices



Weekday worship over the summer months

At the heart of our weekday worship here at the Cathedral and in Eglwys y Groes is the celebration of the Eucharist. The Eucharist is celebrated daily at the Cathedral at 12.30pm, every day from Monday to Saturday; and weekly at Eglwys y Groes, on Thursdays at 2.00pm.

The offering of prayer and praise at Choral Evensong is another important component of the Cathedral's worshipping life. During the summer months, while our choral forces are reduced, Choral Evensong is offered weekly at 3.30pm on Sunday afternoons, while our our weekday Choral Evensongs are suspended until the full Choir's return. Evening Prayer will be said every Thursday at 5.30pm.

The Pilgrim-Friends of Saint Deiniol's Cathedral in Bangor

A brochure about the Pilgrim-Friends of Saint Deiniol's Cathedral in Bangor – our new friends association – is available at the Cathedral. Please take one away with you, and share news of the Pilgrim-Friends with your friends and those who may wish to support our common life here at the Cathedral.

This week

Please make the most of the regular round of worship here. In addition to the joyfulness of our Sunday morning Eucharists, the 12.30pm weekday celebrations of the Eucharist are a quiet, meditative moment in the middle of the day. There is such a warm welcome at Eglwys y Groes in Masgeirchen on Thursdays, including afternoon tea after the service. And our Sunday Choral Evensongs are beautiful and reflective.

Heddiw | Today

3.30pm Gosber ar Gân | Choral Evensong

Ymatebion | Responses, Plaengan | Plainchant; Gwasanaeth Hwyrrol | Evening Service, Plaengan | Plainchant; Deliver us, O Lord our God, Batten

Dydd Llun | Monday

12.30pm Cymun | Eucharist

Dydd Mawrth | Tuesday

9.00am Camau Bach

12.30pm Cymun | Eucharist

Dydd Mercher | Wednesday

12.30pm Cymun | Eucharist

Dydd Iau | Thursday

12.30pm Cymun | Eucharist

2.00pm | Eglwys y Groes Cymun | Eucharist

5.30pm Hwyrrol Weddi | Evening Prayer

Dydd Gwener | Friday

12.30pm Cymun | Eucharist

Dydd Sadwrn | Saturday

12.30pm Cymun | Eucharist

10 Medi | Dygwyl Deiniol September | Saint Deiniol's Day

8.15am Holy Eucharist

9.15am Cymun Bendigaid ar Gân

Offeren Deiniol, Rees; Henffych well, wir gorff, Mozart

11.00am Choral Holy Eucharist

Communion Service in E-flat, Bairstow; O taste and see, Vaughan Williams

3.30pm Gosber ar Gân | Choral Evensong

Ymatebion | Responses, Ebdon; Gwasanaeth Faux Bourdon | Fauxbourdon Service, Andreas; Cantate Domino, Pitoni

Our prayers

The sick Joy Levine, priest; John Watkin Jones; Bill Lovelock; Giuseppina de Giovanni; Martin Cassidy; Pam Bull; Liz Roberts

The recently departed Emlyn Richards, priest; R Alun Evans, priest; Keith Parry; Georgie W; Pat Williamson; Jean Breen-Turner

Year's mind Cadwaladr Glyn

Safeguarding

Safeguarding children and adults at risk is vital, and we are committed to fostering an environment where everyone is able to worship and participate in the life of Saint Deiniol's Cathedral in safety. If you have any concerns, please raise them immediately with a member of the Cathedral team.

Sustainability and permissions

We use 100% recycled, low carbon dioxide paper.

Many of our services are streamed on Facebook, and the recording made available thereafter on the Cathedral's Facebook page. An official photographer may be on duty. Your attendance constitutes your consent to be included in any filming, photographing, audio recording or broadcast. If you do not wish a photograph of you or a child in your care to be used by the Cathedral, please speak to a member of the Cathedral team.

Acknowledgements

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We are grateful to Dave Custance for the photographs used on the covers of our Sunday worship booklets over the summer months.

Cadeirlan ac Eglwys Archesgobol

Deiniol Sant ym Mangor

The Cathedral & Metropolitan Church of Saint Deiniol in Bangor

Esgob ac Archesgob Cymru

Y Parchedigaf Andrew T. G. John

Bishop & Archbishop of Wales

The Most Revd Andrew T. G. John

Is-Ddeon | Sub-Dean

Canon Siôn B. E. Rhys Evans

sionrhys-evans@eglwysyngnghymru.org.uk

Canon dros Fywyd Cynulleidfaol

Canon for Congregational Life

Canon Tracy Jones

tracyjones@eglwysyngnghymru.org.uk

Is-Ganon | Minor Canon

Y Parchg | The Revd Josie Godfrey

josiegodfrey@eglwysyngnghymru.org.uk

Cyfarwyddwr Cerdd | Director of Music

Joe Cooper

joecooper@eglwysyngnghymru.org.uk

Organydd | Organist

Martin Brown

martinbrown@eglwysyngnghymru.org.uk

Gweinidog Teulu | Family Minister

Naomi Wood

naomiwood@eglwysyngnghymru.org.uk

Clerc y Cabidwl | Chapter Clerk

Robert Jones

robertjones@eglwysyngnghymru.org.uk

Cwstos | Custos

Simon Taylor

simontaylor@eglwysyngnghymru.org.uk

Trysorydd | Treasurer

Kelly Edwards

kellyedwards@eglwysyngnghymru.org.uk

Gweinyddwr Liturgi | Liturgy Administrator

Sam Jones

samjones@eglwysyngnghymru.org.uk

Rheolwr Prosiect Cadwraeth a Datblygu

Conservation & Development Project Manager

Simon Ogdon

simonogdon@eglwysyngnghymru.org.uk

Canon Secundus

Canon David Thomas Morris

davidmorris@eglwysyngnghymru.org.uk

Canon Emeritus | Canon Emeritus

Canon Angela Williams

Aelodau o Goleg Offeiriadol y Gadeirlan

Members of the Cathedral's College of Priests

Y Parchg Ddr | The Revd Dr John Prysor- Jones,

y Tra Pharchg Athro | the Very Revd Prof.

Gordon McPhate, y Parchg | the Revd Peter

Kaye

Darlleneydd | Reader

Elma Taylor

Pensaer y Gadeirlan | Cathedral Architect

Simon Malam

Rhif elusen | Charity number 1158340

Support

This holy place of faith, hope and love, and all that takes place here, is sustained by your generosity.

1 To make an online donation on your phone today, scan the QR code below.

2 Use our contactless donation point at the back of the Nave to tap your card or phone.

By making a donation, you'll be helping us to continue our essential work.

