

Hymns and Readings

Choral Holy Eucharist

The Sixth Sunday after Trinity | Sea Sunday • 12 July 2026

Setting

Festive Eucharist, Noel Rawsthorne (1929-2019)

Motet

Ave maris stella, Mariano Garau

President and Preacher

Rev'd Andy

Entrance Hymn



Thou whose almighty word
chaos and darkness heard,
and took their flight;
hear us, we humbly pray,
and where the gospel day
sheds not its glorious ray
let there be light.

Thou who didst come to bring
on thy redeeming wing
healing and sight,
health to the sick in mind,
sight to the inly blind,
O now to all mankind
let there be light.

Spirit of truth and love,
life-giving, holy Dove,
speed forth thy flight;
move on the water's face,
bearing the lamp of grace,
and in earth's darkest place
let there be light.

Blessèd and holy Three,
glorious Trinity,
Wisdom, Love, Might,
boundless as ocean's tide
rolling in fullest pride,
through the world far and wide
let there be light.

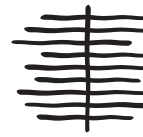
Words

John Marriott (1780-1825)

Music | "Moscow"

Felice de Giardini (1716-1796);

adapt. Martin Madan (1726-1790)



**Cadeirlan Deiniol Sant
ym Mangor**
Saint Deiniol's Cathedral
in Bangor

Gloria in excelsis Deo

Glory to God,
we give you thanks and praise;
of heavenly joy
and earthly peace we sing.
We worship you, to you our hearts we raise,
Lord God, almighty Father, heavenly King.

Lord Jesus Christ, the Father's only Son,
you bore for us the load of this world's sin.
O Lamb of God, your glorious victory won,
receive our prayer, grant us your peace within.

Alone, O Christ, you only are the Lord,
at God's right hand in majesty most high:
who with the Spirit worshipped and adored:
with all the heavenly host we glorify.

Words

Edwin le Grice (1911-1992)

Music | "Woodlands"

Walter Greatorex (1877-1949)

Collect

Merciful God, you have prepared for those
who love you such good things as pass our
understanding: pour into our hearts such
love toward you that we, loving you in and above all
things, may obtain your promises, which exceed all
that we can desire; through Jesus Christ your Son our
Lord, who is alive and reigns with you, in the unity of
the Holy Spirit, one God, now and for ever. **Amen.**

Psalm 65:9-13

You visit the earth and water it, you greatly enrich it;
the river of God is full of water; you provide the people
with grain, for so you have prepared it. You water its
furrows abundantly, settling its ridges, softening it with
showers, and blessing its growth. You crown the year
with your bounty; your wagon tracks overflow with
richness. The pastures of the wilderness overflow,
the hills gird themselves with joy, the meadows clothe
themselves with flocks, the valleys deck themselves
with grain, they shout and sing together for joy.

Music

Edward Henry Thorne (1834-1916)

Romans 8:1-11

There is therefore now no condemnation for
those who are in Christ Jesus. For the law of
the Spirit of life in Christ Jesus has set you
free from the law of sin and of death. For God has
done what the law, weakened by the flesh, could not
do: by sending his own Son in the likeness of sinful
flesh, and to deal with sin, he condemned sin in the
flesh, so that the just requirement of the law might be
fulfilled in us, who walk not according to the flesh but

according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Matthew 13:1-9, 18-23

Jesus went out of the house and sat beside the lake. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: 'Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen! Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

Offertory Hymn

Dear Lord and Father of mankind,
 forgive our foolish ways;
 re-clothe us in our rightful mind,
 in purer lives thy service find,
 in deeper reverence praise,
 in deeper reverence praise.

**In simple trust like theirs who heard,
 beside the Syrian sea,
 the gracious calling of the Lord,
 let us, like them, without a word
 rise up and follow thee, rise up and follow thee.**

**O Sabbath rest by Galilee!
 O calm of hills above,
 where Jesus knelt to share with thee
 the silence of eternity,
 interpreted by love, interpreted by love!**

**Drop thy still dews of quietness,
 till all our strivings cease;
 take from our souls the strain and stress,
 and let our ordered lives confess
 the beauty of thy peace,
 the beauty of thy peace.**

**Breathe through the heats of our desire
 thy coolness and thy balm;
 let sense be dumb, let flesh retire;
 speak through the earthquake, wind, and fire,
 O still small voice of calm,
 O still small voice of calm.**

Words

John Greenleaf Whittier (1807-1892)

Music | "Repton"

Charles Hubert Hastings Parry (1848-1918)

Post-Communion Hymn

I, the Lord of sea and sky,
 I have heard my people cry.
**All who dwell in dark and sin
 my hand will save.**
**I, who made the stars of night,
 I will make their darkness bright.**
**Who will bear my light to them?
 Whom shall I send?**

***Here I am, Lord. Is it I, Lord?
 I have heard you calling in the night.
 I will go, Lord, if you lead me;
 I will hold your people in my heart.***

**I, the Lord of snow and rain,
 I have borne my people's pain.
 I have wept for love of them.
 They turn away.
 I will break their hearts of stone,
 Give them hearts for love alone.
 I will speak my word to them.
 Whom shall I send?**

**I, the Lord of wind and flame,
 I will tend the poor and lame.
 I will set a feast for them.
 My hand will save.
 Finest bread I will provide
 till their hearts be satisfied.
 I will give my life to them.
 Whom shall I send?**

Words

Dan Schutte

Music | "Here I am, Lord"

Dan Schutte