

Yr wythnos *This week*

1 Chwefror | Pedwerydd Sul yr Ystwyll 1 February | The Fourth Sunday of Epiphany

8.15am Holy Eucharist

Parchg | Revd Neville

9.15am Cymun Bendigaidd ar Gân

Deon Manon a Chanon Tracy (p)

Offeren Deiniol, Rees

11.00am Choral Holy Eucharist

Dean Manon and Canon Tracy (p)

Missa Sancta Maria Magadalena, Willan;

Day by Day, How

11.00am | Eglwys y Groes Cymun Bendigaidd
| Holy Eucharist

Parchg | Revd Andy

3.30pm Gosber ar Gân | Choral Evensong

ar Noswyl Cyflwyniad Crist

on the Eve of the Presentation

Parchg | Revd Andy

Ymatebion | Responses, Rose;

Ffalsbyrdyniau | Fauxbourdons, Dearnley;

Quem senex justus, Anhys. | Anon.

Dydd Llun | Monday

Cyflwyniad Crist | Presentation of Christ

8.30am Boreol Weddi | Morning Prayer

12.30pm Duw a Dysgwyr

5.15pm Hwylol Weddi | Evening Prayer

Dydd Mawrth | Tuesday • Seiriol

8.30am Boreol Weddi | Morning Prayer

9.00am Camau Bach

3.00pm | Eglwys y Groes Clwb Adeiladwyr

LEGO Builders' Club

5.15pm Gosber ar Gân | Choral Evensong

Dydd Mercher | Wednesday

Manche Masemola

8.30am Boreol Weddi | Morning Prayer

12.30pm Cymun Bendigaidd | Holy
Communion

1.00pm Croeso Cynnes | Warm Spaces

5.15pm Gosber ar Gân | Choral Evensong

Dydd Iau | Thursday

8.30am Boreol Weddi | Morning Prayer

12.00pm | Eglwys y Groes Panad a Sgwrs |
Cuppa and Chat

2.00pm | Eglwys y Groes Astudiaeth

Feiblaidd | Bible Study

5.15pm Gosber ar Gân | Choral Evensong

Si iniquitatis observaveris, Wesley

Dydd Gwener | Friday

8.30am | Eglwys y Groes Boreol Weddi |

Morning Prayer

12.00pm Gwasanaeth Iacháu | Healing
Service

8 Chwefror | Ail Sul cyn y Garawys | Sul y Greadigaeth

8 February | The Second Sunday before Lent | Creation Sunday

8.15am Holy Eucharist

Dean Manon

9.15am Cymun Bendigaidd ar Gân

Canon Angela a Chanon Tracy (p)

Gwasanaeth Cymun, Hughes

Ysgol Sul i ddilyn | Sunday School between services

11.00am Choral Holy Eucharist

Revd Andy and Canon Tracy (p)

Coventry Gloria, Jones

11.00am | Eglwys y Groes Cymun Bendigaidd
| Holy Eucharist

Deon | Dean Manon

3.30pm Gosber ar Gân | Choral Evensong

Parchg | Revd Andy

Ymatebion | Responses, Rose;

O Lord support us, Besley



Mae darlleniadau ar gyfer yr
wythnos ar gael ar y wefan yma
ac mae'n bosib llawrlwytho ap
pwrpasol ar gyfer y llithiadur. |
Readings for the week are
available on the following website where it is
possible to download an app for the
lectionary: lectionary.churchinwales.org.uk
neu sganiwch côd QR | or scan the QR code



**Cadeirlan
Deiniol Sant
ym Mangor**

Saint Deiniol's
Cathedral
in Bangor



**Eglwys y
Groes
Maesgeirchen**

Ymholiadau cyffredinol ac i gofrestru am y rhestr e-bost: cadeirlanbangoradmin@cinw.org.uk
General enquiries and to register for the mailing list: cadeirlanbangoradmin@cinw.org.uk

Hysbysiadau

Gwasanaethau pwysig i ddod

14 Chwe | 12pm Gwasanaeth Ffarwel Esgob David

18 Chwe | 12.30pm a 5.15pm Cymunau Dydd Mercher y Lludw

21 Chwe | 10am-1pm Bore Tawel ar gyfer y Grawys efo'r Canon Trystan Owain Hughes

1 Ebr | 11am Cymun y Crism

2 Ebr | 8pm Cymun y Swper Olaf

2 Ebr | 10pm Cwmplyn (ar diwedd yr Wylfa)

3 Ebr | 2pm Litwrgi'r Groglith (gweddi dawel o 12pm)

4 Ebr | 8pm Noswyl y Pasg

Ymweliadau Bugeiliol

Os ydych angen ymweliad bugeiliol neu cymun gartref plŷs cysylltwch â Chanon Tracy (ar gyfer y Gadeirlan) tracyjones@churchinwales.org.uk

a Pharch Andy (EyG)

andybroadbent@cinw.org.uk.

Manylion cyswllt y Deon ydi

manoncjames@cinw.org.uk neu rhif ffôn symudol gwaith 07776 591799.

Rôl Etholwyr

Rydym yn adnewyddu'r rôl etholwyr, mae gwybodaeth a ffurlenni ar gael yng nghefn yr eglwys.

Rhoddion

Gofynnwyd am roddion o'r eitemau canlynol: Bydd croeso mawr i unrhyw fygiau sbâr sydd gennych (mewn cyflwr defnyddiadwy); yn ogystal, rydym yn chwilio am roddion o duniau cawl i'w cynnig yn Warm Spaces, yn enwedig llysiau, minestrone, neu hufen tomato. Os gallwch chi sbario unrhyw un o'r pethau hyn, rhowch nhw i Brendon. Hefyd, fel atgoffa, mae gan y Banc Bwyd flwch rhoddion tuag at gefn yr eglwys ar gyfer rhoddion o gynhyrchion bwyd silff-sefydlog.

Datganiadau — Cyfres y Gwanwyn

Bydd Cyfres y Gwanwyn o ddatganiadau dydd lau yn dechrau ddydd lau 5 Mawrth.

Ysgol Sul

Bydd Ysgol Sul yng Nghapel Mair 10.15am–11am ar ail Sul pob mis, gan ddechrau ar 8 Chwefror.

Gwasanaeth Iacháu

Cynhelir gwasanaeth iacháu byr a thawel yng Nghapel Mair yn y Gadeirlan bob dydd Gwener cyntaf y mis am hanner dydd, gyda gosod dwylo ac eneinio ag olew sanctaidd i bawb neu unrhyw un sy'n troi fyny.

Cyrsiau'r Garawys

Cynigir dau gwrs y Grawys ym Mro Deiniol eleni. Bydd y Parchg Andy yn cynnig Cwrs y Grawys Taleithiol (a ysgrifennwyd gan Ddeon Casnewydd) yn Eglwys y Groes bob dydd lau am 2pm. Bydd y Deon Manon yn cynnig cwrs y Grawys yn seiliedig ar Lyfr Grawys yr Archesgob 2026, *Trwy'r Anialwch* gan Trystan Owain Hughes, ar-lein bob dydd lau am 7pm. Croeso i bawb fynychu'r naill neu'r llall neu'r ddau.

Rheolwr Gweithrediadau

Mae Tomos Dobson wedi cael ei benodi'n Rheolwr Gweithrediadau yn y Gadeirlan. Ar hyn o bryd, mae o'n cadeirydd Môn FM, a bydd ei arbenigedd mewn cyfathrebu, rheoli a rheolaeth ariannol yn ei wneud yn ychwanegiad cadarnhaol at Dîm y Gadeirlan. Edrychwn ymlaen at ei groesawu pan fydd yn dechrau ei rôl gyda ni ar 2 Chwefror.

Cylch Deiniol

Bydd Cylch Deiniol yn ailgychwyn ar Fawrth 3ydd am 7.00pm yn Nhŷ Deiniol. Cynhelir cyfarfodydd pellach ar: Ebrill 7fed, Mai 5ed, Mehefin 2il a Gorffennaf 7fed. Croeso i bawb i ymuno i glywed siaradwyr difyr a chael paned a sgwrs.

**Cofrestrwch am
newyddion yr Esgobaeth
(Y Ddolen) →**



**← Cofrestrwch
ar gyfer bore tawel Canon
Trystan**

Dewch yn gwirfoddolwr ↓



Notices

Important services upcoming

14 Feb | 12pm Farewell Service for Bishop David

18 Feb | 12.30pm & 5.15pm Ash
Wednesday Eucharists

21 Feb | 10am-1pm Quiet Morning for Lent
with Canon Trystan Owain Hughes

1 Apr | 11am Chrism Mass

2 Apr | 8pm Eucharist of the Last Supper

2 Apr | 10pm Compline (to end the Watch)

3 Apr | 2pm Good Friday Liturgy (silent
prayer from 12pm)

4 Apr | 8pm Easter Vigil

Pastoral Visits

If you need a pastoral visit or home
communion please contact
Canon Tracy (for the cathedral)
tracyjones@churchinwales.org.uk

and Revd Andy (EyG)

andybroadbent@cinw.org.uk.

The Dean's contact details are

manoncjames@cinw.org.uk

and work mobile 07776 591799.

Electoral Roll

We are renewing the electoral roll. Forms
and information are available at the back of
the nave.

Donations

Donations have been requested of the
following items: Any spare mugs you may
have (in usable condition) will be greatly
welcomed; in addition, we are seeking
donations of tins of soup to offer at Warm
Spaces, particularly vegetable, minestrone,
or cream of tomato. If you can spare any of
these things, please give them to Brendon.
Also, as a reminder, the Foodbank has a
donation box towards the rear of the church
for donations of shelf-stable food products.

Recitals — Spring Series

The Spring Series of Thursday recitals will
begin on Thursday 5 March.

Sunday School

There will be Sunday School in the Lady
Chapel 10.15am–11am on the second Sunday
of every month, beginning 8 February.

Healing Service

A short, quiet service of healing is held in the
Cathedral Lady Chapel every first Friday of
the month at 12 Noon with the laying on of
hands and anointing with holy oil for
everybody or anyone who simply turns up.

Lent Courses

Two Lent courses will be offered in Bro
Deiniol this year. Revd Andy will offer the
Provincial Lent Course (written by the Dean
of Newport) at Eglwys y Groes on Thursdays
at 2pm. Dean Manon will offer a Lent course
based on the Archbishop's Lent Book for
2026, *To Hell's Mouth and Back* by Trystan
Owain Hughes, online on Thursdays at 7pm.
All are welcome to attend either or both.

Operations Manager

Tomos Dobson has been appointed as
Operations Manager at the Cathedral.
Currently chair of Môn FM, his
communications, management and financial
expertise will make him a positive addition to
the Cathedral Team. We look forward to
welcoming him when he begins his role with
us on 2 February.

Cylch Deiniol

Cylch Deiniol will restart on 3 March at
7.00pm in Tŷ Deiniol. Further meetings will
be held on: 7 April, 5 May, 2 June and 7 July.
Everyone is welcome to join to hear
interesting speakers and have a cuppa and a
chat. (These sessions will be delivered
through the medium of Welsh.)

Sign up for news from the
Diocese (Y Ddolen) →



← Register
for Canon

Trystan's quiet morning

Become a volunteer ↓

